**Step-by-step guide for attending a scan   
at the Early Pregnancy Unit (Woodlands)**

Restrictions remain in place at our hospitals to keep everyone safe during the COVID-19 pandemic.

From 22 March 2021, East and North Hertfordshire NHS Trust is supporting women to bring **one nominated partner** to accompany them to any scan at the Early Pregnancy Unit (Woodlands) at Lister Hospital’s Diamond Jubilee Maternity Unit.

**Before your visit / on the day**

If you have any symptoms of COVID 19 or have been told to self-isolate, please call the Early Pregnancy Unit on **01438 286190**, so we can advise you of the best action to take depending on your individual circumstances.

Symptoms of COVID 19 include:

* **a high temperature**– this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
* **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
* **a loss of, or change in, your normal sense of smell or taste (anosmia)**

If your nominated partner has any of these symptoms or has been told to self-isolate they will not be able to attend your scan.

**On arrival**

Please ensure you and your nominated partner each wear a face covering during your time in the department, and outside where social distancing cannot be maintained. Face masks are available at all the hospital entrances.

Please go to the Woodlands side door for ultrasound scans with your nominated partner and press the doorbell. You will be greeted by a member of staff.

Your nominated partner will be directed to a seating area in the nearby Pink Zone which will be signposted and clearly marked.

You will be asked COVID-19 risk assessment screening questions about yourself and your nominated partner, before being shown through to the Woodlands waiting area.

**The scan / consultation**

You will be called for an ultrasound scan, with a member of staff calling your nominated partner into the Woodlands unit and directing them into the scan room to join you.

If you do not require a consultation after your scan, you will both be directed to the exit. If you require a consultation after your scan, you will be asked to take a seat back in the Woodlands waiting area and your nominated partner will be directed back to the waiting area in the Pink Zone. You will both be called in for the consultation.

If there is a need to use one of our quiet rooms after the scan, you and your nominated partner will be both be shown to this more private setting. You can leave together from this room following counselling and will then be directed to the exit.

**Keeping you safe**

We ask you to adhere to these rules which are in place to keep everyone safe and be respectful to our staff – we have a **zero tolerance policy towards abusive and intimidating behaviour**.

**Further questions**

We have answered a series of frequently asked questions on our website, which can be viewed at: [www.enherts-tr.nhs.uk/news/faqs-for-changes-to-maternity-restrictions-at-east-and-north-hertfordshire-nhs-trust](http://www.enherts-tr.nhs.uk/news/faqs-for-changes-to-maternity-restrictions-at-east-and-north-hertfordshire-nhs-trust)

We have also set up a maternity advice line, which you can call on **07789 935 620**. This runs from **7am to 9pm every day** to answer any other questions you may have.

**Our policy**

Our decisions and policies are kept under constant review. Please read our signage and the maternity section of our website: [www.enherts-tr.nhs.uk/services/maternity/maternity-unit](http://www.enherts-tr.nhs.uk/services/maternity/maternity-unit/)

Thank you for your co-operation in helping us to maintain a safe and supportive service for women.

The Woodlands team