

# Anterior Uveitis

## What is anterior uveitis?

This is an inflammatory condition of the eye. It is not an infection. It commonly involves the iris (the coloured part of the eye) and other structures at the front of the eye.

## What symptoms may I experience?

- Pain
- Redness of the eye
- Sensitivity to bright light
- Blurred vision

These symptoms are normally only present in one eye at a time during each attack.

## What is the treatment?

The treatment involves the use of steroid drops that reduce the inflammation in the eye, making your pupil large and the eye feel more comfortable as well as preventing some complications. Do not worry if your vision is a little blurred while your pupil is dilated. It is only a direct consequence of the pupil being fixed in the dilated position. This will resolve once the treatment to dilate the pupil is stopped.

Your symptoms should settle once you have started treatment. If your symptoms are not improving let the doctor know when you are seen at follow-up.

It is possible that if you have suffered one attack, you may have further episodes in the future.

**If you have any concerns or require any further information, please contact the Urgent Eye Clinic.**

## Useful contact details

### East and North Hertfordshire NHS Trust:

- Website [www.enherts-tr.nhs.uk](http://www.enherts-tr.nhs.uk)
- Telephone 01438 314333

### Urgent Eye Clinic, Lister Treatment Centre:

- Telephone 01438 288122 - Select Menu Option 3

- Urgent Eye Clinic - Opening times:
  - Monday to Friday, 9am - 7pm (closed Bank Holidays)
  - Saturday: 9am - 12:30pm
  - Closed from Saturday after 12:30pm until Monday at 9am
  - Office opening hours are Monday to Friday, 9am - 4pm

**If you need attention when the Urgent Eye Clinic is closed, please attend your local Emergency Department (A&E) or Urgent Treatment Centre.**

## Leaflet information

**You can request this information in a different format or another language; please speak to your doctor or nurse.**

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